

# COMMUNITY RESOURCE GUIDE



COMMUNITY CARE PHYSICIANS 6 Wellness Way, Suite 201, Latham NY

## Housing Resources:

### General Resources:

- nyhousingsearch.gov (low income housing search, can go online and find something in your preferred area)
- NY Connects (1-800-342-9871) (Free information and referral in NYS)
- <https://www.ny.gov/services/housing>
- Homeless and travelers society information: <https://www.hatas.org/>
- Call 2-1-1 (general resource that provides everything from housing, transportation, food, mental and physical health support, employment resources, disaster relief, government/legal/military supports.)

Department of Social Services (DSS) per County, each DSS can help with emergency housing/emergency rental assistance/etc.

- Albany DSS (518-447-7300)
- Saratoga County DSS (518-884-4140)
- Schenectady DSS: (518) 388-4470
- Rensselaer DSS (518-833-6000)

### Salvation Army:

- Albany 518-463-6678
- Saratoga: 518-584-1640
- Schenectady: 518-346-0222
- Troy: 518-272-4901

### County Specific Resources:

#### Albany:

- [albanynyhomeless.com](http://albanynyhomeless.com)

#### Schenectady:

- <https://scapny.org/> (518-374-9181)- broad resource, can help with housing

#### Saratoga:

- Saratoga Housing Authority: (518-584-6600)
- Shelters of Saratoga: (518-581-1097)

## Unsafe Environment Resources:

### General:

- Poison Control: 1-800-222-1222
- Call 2-1-1 (general resource that provides everything from housing, transportation, food, mental and physical health support, employment resources, disaster relief, government/legal/military supports.)

### Albany:

- Albany County Department of Health ([518-447-4580](tel:518-447-4580))

### Saratoga:

- Saratoga County Department of Health ([518-584-7460](tel:518-584-7460))

### Schenectady:

- Schenectady County Public Health Services ([518-386-2824](tel:518-386-2824))
- <https://scapny.org/> (518-374-9181)
- Schenectady County Healthy Neighborhoods Program (518-386-2818)

### Rensselaer:

- Rensselaer County Department of Health ([518-270-2655](tel:518-270-2655))

## Food Resources:

### General Resources:

- Hunger Hotline 1-866-348-6479
- Lifeworks Mobile Pantry (518-288-3260)
- Growing Up Healthy- 1-800-522-5006
- Regional Food Bank  
965 Albany-Shaker Road  
Latham, NY 12110  
P: 518-786-3691
- Call 2-1-1 (general resource that provides everything from housing, transportation, food, mental and physical health support, employment resources, disaster relief, government/legal/military supports.)

### Food Pantries Finder:

- <https://map.thefoodpantries.org/>

### Meals on Wheels (MOWs)

- <https://www.mealsonwheelsamerica.org/>

## **Transportation Resources:**

### General Resources:

- NY Connects (1-800-342-9871)
- CDTA STAR BUS (518-482-2022)
- Call 2-1-1 (general resource that provides everything from housing, transportation, food, mental and physical health support, employment resources, disaster relief, government/legal/military supports.)

### Local offices of the aging:

- Albany- (518) 447-7198
- Saratoga- (518) 884-4100
- Schenectady- (518) 382-8481
- Rensselaer- (518-270-2734)

### Other:

- Albany/Rens- Community Caregivers (<https://www.communitycaregivers.org/>; 518-456-2898)

## **Financial/bill concerns:**

### General Resources:

- Call 2-1-1 (general resource that provides everything from housing, transportation, food, mental and physical health support, employment resources, disaster relief, government/legal/military supports.)
- Apply for Home Energy Assistance Program (HEAP) Benefits at: [mybenefits.ny.gov](http://mybenefits.ny.gov)
- NYS Energy/Electric/Gas Payment Assistance/programs: 800-284-7988
- Electric Grid Payment Assistance Program- 800-642-4272

### Local DSS for payment assistance programs:

- Albany DSS (518-447-7300)
- Saratoga County DSS (518-884-4140)
- Schenectady DSS: (518) 388-4470
- Rensselaer DSS (518-833-6000)

### Other Resources

- Schenectady: <https://scapny.org/> (518-374-9181)

## **Domestic Violence/Abuse Resources:**

- Equinox Domestic Violence Hotline (518-432-7865)
- New York State Domestic Violence 24 Hour Hotline (1-800-942-6906)
- New York State Chat/Text hotline: Text at 844-997-2121
- National Domestic Violence 24 Hour Hotline 1-800-799-7233
- NY Justice Center; Report suspected abuse or neglect: 1-855-373-2122
- Unity House 518-273-8255
- CCP Behavioral Health Referral

## **Education and Training Resources:**

### General Resources:

- Capital District Center for Independence (CDCI; 518-459-6422)- employment and other educational/training resources for those with disabilities in the Capital District
- NYS Tuition Assistance Program [https://www.ny.gov/services/apply-new-york-state-tap#:~:text=The%20Tuition%20Assistance%20Program%20\(TAP\)%20helps%20eligible%20New%20York%20State,Education%20Services%20Corporation%20\(HESC\)](https://www.ny.gov/services/apply-new-york-state-tap#:~:text=The%20Tuition%20Assistance%20Program%20(TAP)%20helps%20eligible%20New%20York%20State,Education%20Services%20Corporation%20(HESC))
- HVCC education/training Programs: <https://www.hvcc.edu/programs/eoc/index.html>

## **Employment Assistance Resources:**

### General Resources:

### Local DSS can provide employment assistance:

- Albany DSS (518-447-7300)
- Saratoga County DSS (518-884-4140)
- Schenectady DSS: (518) 388-4470
- Rensselaer DSS (518-833-6000)

### Other

- Call 2-1-1 (general resource that provides everything from housing, transportation, food, mental and physical health support, employment resources, disaster relief, government/legal/military supports.)
- Capital District Center for Independence (CDCI; 518-459-6422)- employment and other educational/training resources for those with disabilities in the Capital District
- NYS Employment Resource: <https://www.ny.gov/services/employment>
- <https://www.dol.gov/agencies/eta/job-seekers>