

Caregiver Resources

American Academy of Family Physicians	https://caregiveraction.org/	Scenario-specific tips and toolbox, caregiver connections
Family Caregiver Alliance, National Center on Caregiving	https://caregiver.org/	Disease- and issue-specific fact and tip sheets, caregiver connections, policy and advocacy information
U.S. Department of Veteran Affairs	https://caregiver.va.gov/	Resources for caregivers, mentoring program, hotlines, access to support coordinator
Well Spouse Association	https://wellspouse.org	Support group locator, national conference, social community
Caring Village	https://www.caringvillage.com	Calendar, communication, document storage, to-do lists

Programs and Costs

American Elder Care Research Organization	https://payingforseniorcare.com	Resources for paying for care, managing insurance, reducing costs
AssistGuide Information Services	http://www.agis.com	Explanation of government resources, Medicare/Medicaid, assistive devices
U.S. Administration on Aging	https://www.eldercare.acl.gov	Local community resources

Caregiver Education and Respite Care

ARCH National Respite Network and Resource Center	https://archresite.org	Respite locator and funding site
Family Caregiver Alliance Camp for Caring	https://www.caregiver.org/camp-caring	Respite camp for caregivers and recipients

Parenting

Parent to Parent	http://www.p2pusa.org/	Resources with local options for families of children who have special needs
Anna Moon – Child Services Specialist	(518) 270-2666	Assists families with providing support and resources to improve the quality of life of their children with special needs and their families

Technology and Apps for Caregivers

AARP	https://archresite.org	Respite locator and funding site
AARP Caregiving App	https://states.aarp.org/aarp-caregiving-app	Calendar, caregiver coordination
CareZone	https://carezone.com/home	Caregiver coordination health care record keeping, scheduling
Caring Bridge	https://www.caringbridge.com	Calendar, scheduling, forum for updates, fundraising

Transportation

AARP Transportation Services	https://www.aarp.org/caregiving/home-care/transportation-services/?intcmp+CAR-LRS-R3-C2	General information
GoGoGrandparent	https://gogograndparent.com	Links to Uber and Lyft without need for smartphone

Remote Monitoring

Safe in Home (alerts)	http://www.safeinhome.com	
Consumer Reports: Medical Alert Systems	https://www.consumerreports.org/medical-alert-systems-/how-to-choose-a-medical-alert-system	How to choose medical alert system

Advanced Directives

Advance care planning resources from the Centers for Disease Control and Prevention
www.cdc.gov/aging/pdf/acp-resources-public.pdf

Advance directive forms by state from AARP
www.aarp.org/caregiving/financial-legal/free-printable-advance-directives

The Conversation Project: started kit and other tools to help people begin the conversation with friends and families about their end-of-life wishes
<https://www.theconversationproject.org/>

Prepare for your Care: videos for patients and their families
<https://prepareforyourcare.org/welcome>

New York State Advanced Directives: NYS legal forms and instructions
https://www.nhpco.org/wp-content/uploads/New_York.pdf